Stop the Bleed is an ENA-supported national awareness campaign and call to action. It is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. The course is a combination of lectures and hands-on training to help bystanders understand the principles of bleeding control, how to pack a wound, and how to safely apply a tourniquet for injuries like those sustained in a major trauma.

Become an ambassador and empower civilians! Take a course and start teaching in your community!

Emergency Nurses Call to Action!

Become an instructor in 4 easy steps

Step 1: Take the American College of Surgeons (ACS) Bleeding Control Basics Course (BCon) Provider Course (www.bleedingcontrol.org)

Step 2: Register to be an instructor on the ACS instructor portal (https://cms.bleedingcontrol.org/)

Step 3: Plan your class and obtain required equipment:
- Personal protective equipment (PPE)
- Hemorrhage control devices
- Manikin or wound-packing models
- Course Guideline and Instructor Manual

Step 4: Register your class and begin teaching!