WHAT YOU NEED TO KNOW BEFORE YOU LEAVE THE HOSPITAL:

Understand how to take the child’s temperature and read the thermometer

Understand how to measure your child’s medicine; ask the nurse if you’re unsure

WHAT DOES A FEBRILE SEIZURE LOOK LIKE?

Abnormal body movements include:

Body twitching
Stiffening
Eye rolling

WHEN DO FEBRILE SEIZURES OCCUR?

100.4°

Children ages 6 months-5 years
Child’s fever rises quickly and is 100.4°F (38°C) or higher

May be triggered by any fever-related illnesses

Family history of childhood febrile seizures

WHAT YOU NEED TO KNOW ABOUT FEBRILE SEIZURES:

They do not cause brain damage or chronic seizure disorder

They are not caused by high fever alone, but one that rises quickly; a fever by itself is not dangerous

CALL 9-1-1 IF:

• Another seizure occurs within 24 hours
• The seizure lasts longer than 5 minutes
• The child does not return to normal behavior/condition
• The child’s lips or mouth turns blue, or if they stop breathing

IF YOUR CHILD HAS ANOTHER SEIZURE AFTER YOU GO HOME:

• Remain calm
• Place child on a safe surface and turn on their side
• Do not put anything in their mouth or hold down their limbs
• When to call the doctor: If another brief seizure occurs after 24 hours, if new symptoms occur, or any other concerns

REFERENCES:


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