

ENWEEK5K

2021
OCTOBER 10-16



Join the Fun with the EN Week 5K Challenge!

Emergency nurses make an impact around the world, and our first annual Emergency Nurses Week 5K gives everyone the opportunity to connect globally and support the future of the profession. Run (or walk) along with the ENA community as we celebrate emergency nurses around the globe. Registration costs support the ENA Foundation's grants and scholarships funding the future of emergency nursing. Don't forget: anyone is eligible to participate so encourage your friends and family to join in on the fun!



Register Now

1. Register at ena.org for the EN Week 5K.
2. Start training!
3. Run, walk or push 5K on your favorite route and post your results between **Oct. 10 – 16**.
4. Post photos before, during or after you participate with your t-shirt and finisher's medal on social media using **#ENWeek5K**.