

Whether you enjoy reading, listening to music or podcasts, or watching movies, we hope that you find a resource that is of interest and that you find joy in the journey.

- [\*\*African American Nurses in World War II\*\*](#) – The National Women’s History Museum takes a look at African American nurses and the segregation they faced during World War II in this article.
- [\*\*Ten ‘Must Watch’ Black History Documentaries\*\*](#) – PBS selected 10 must-watch Black history documentaries that offer rich insight into our society and culture, connect us to some of our proudest and most shameful moments in American history, and remind us how far we’ve come.
- [\*\*The Conscious Kid\*\*](#) – This is “an education, research, and policy organization dedicated to equity and promoting healthy racial identity development in youth.”
- [\*\*The House of Blues Music Forward Foundation: Exploring the History of Black Music Month\*\*](#) – Take a journey to explore how Black music impacted not only key moments in history, but also the artists and songs that we listen to today borrowing from the teachings of the Blues Schoolhouse program. You can listen to the foundation’s “Music Forward Staff Picks” companion Black Music Month on Spotify.
- [\*\*1619\*\*](#) – This is a podcast series from the New York Times on how slavery has transformed America, connecting past and present through the oldest form of storytelling.
- [\*\*21-Day Racial Equity Habit Building Challenge by Dr. Eddie Moore, Jr.\*\*](#) – This challenge encourages you to do one action to further your understanding of power, privilege, supremacy, oppression, and equity for 21 days.
- [\*\*Project Implicit: Implicit Association Test \(Harvard\)\*\*](#) – This test measures attitudes and beliefs that people may be unwilling or unable to report. The IAT may be especially interesting if it shows that you have an implicit bias attitude that you didn’t know about.